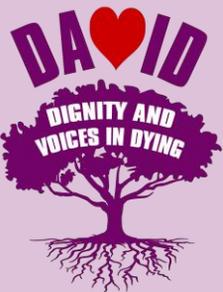


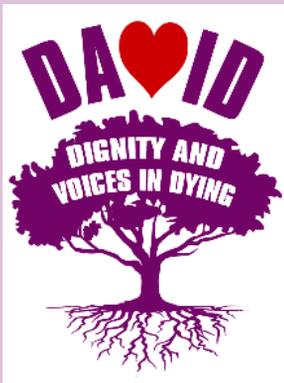
# Organ Donation Activity Booklet



# Introduction



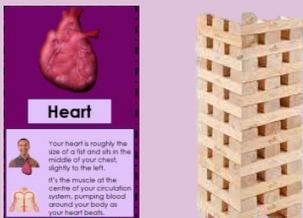
Hello and thank you for picking up this booklet!



This activity booklet was made by people with learning disabilities and/or autism on the DAVID Project.



This booklet has fun games you can do based around Organ Donation.



You may need support to make and play some of the games in this book

# We Have Activities Such As ...



- Headband Game



- Bucket Game



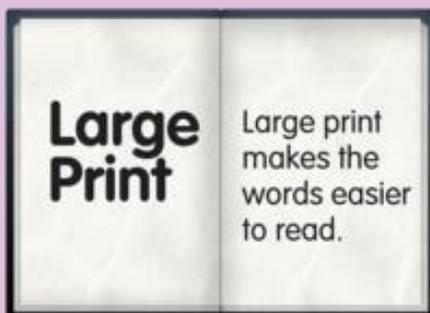
- Pairs Game



- Jenga

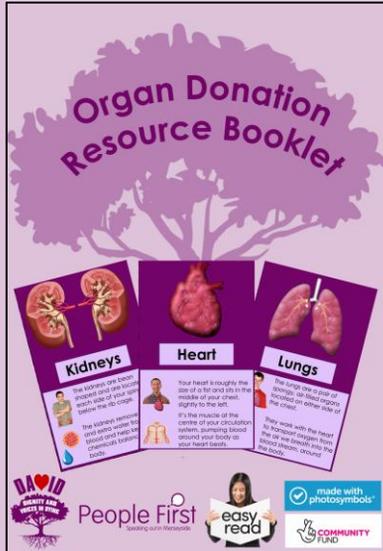


- If you would like to make your own game, we have a page at the end of this booklet on how you could make your own activity.



- You can change and adapt any of these activities to make them more accessible

# Activity Resources



- You can find the resources you need for the activities in our **Organ Donation Resource Booklet**.



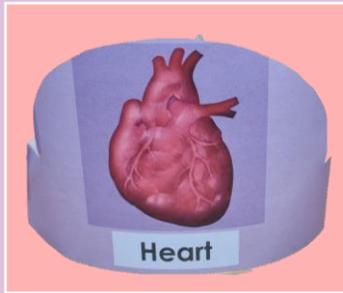
- You can also find them online on our website to download and print out.

[www.peoplefirstmerseyside.co.uk](http://www.peoplefirstmerseyside.co.uk)



- You may even have some resources at home you can use instead.

# What is in this booklet?



**Headband  
Game**

Page

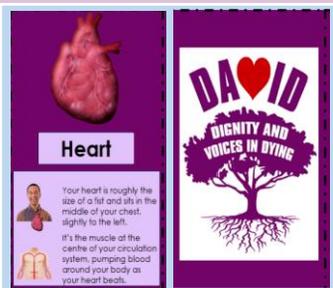
**6**



**Bucket  
Game**

Page

**10**



**Pairs Game**

Page

**21**



**Jenga**

Page

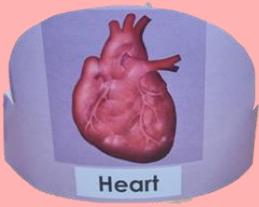
**24**



**Create Your  
Own Activity**

Page

**27**



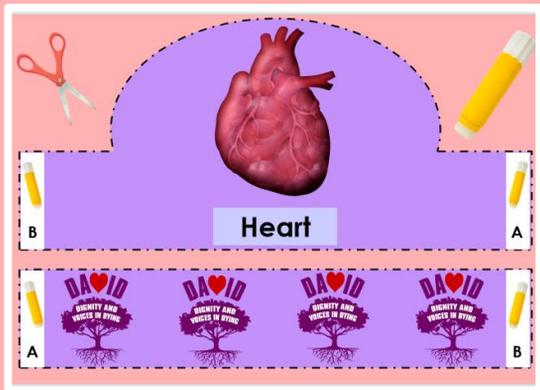
# Activity 1: Headband Game

This game will help you find out what different organs you can donate as an organ donor

## What you need to play the game:



1. 2 – 7 players



2. Headbands from **The Organ Donation Resource Booklet (Pages 5-16)**.

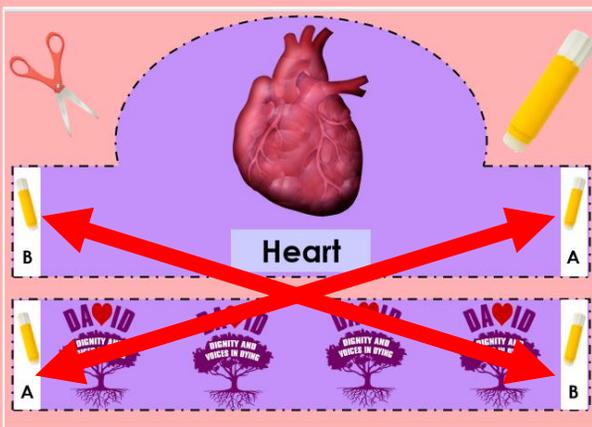
|  |                     |  |
|--|---------------------|--|
|  | <b>3 Key Facts:</b> |  |
|  |                     | 1. It is located in the middle of your chest and is about the size of your fist. |
|  |                     | 2. As it beats, it pumps blood all around your body.                             |
|  |                     | 3. A doctor can use a stethoscope to listen to it beating.                       |

3. Clues sheets from **The Organ Donation Resource Booklet (Pages 17-22)**.

## Setting up the Game:



1. For this game you will need the organ donation headbands and clues sheets from **The Organ Donation Resource Booklet (pg. 5-22)**



2. To put the headbands together, cut across the dotted lines and then stick them together using a glue stick, matching A and A together and B and B together.



3. You also need to cut out the clues sheets.



4. Finally, you must choose one player to read out the clues.

**(The clues reader will not wear a headband during the game.)**

## Playing the Game:



1. The clues reader puts a headband on the other players heads without them looking.



2. The clues reader will then read out the clues card that matches the organ that the player has on their head.



3. The player has to use the clues to try and guess which organ is on their headband.



4. They then check to see if they guessed the correct organ.



5. If the players guess the organ on their headband correctly, they win.



# Activity 2: Bucket game

This game will answer many of the questions that you may have about organ donation

## What you need to play the game:



1. 2 or more people

2. 5 Buckets (You can also use bowls or cups instead of buckets for this game)



3. 1 object such as a ball or coin (This must fit inside your buckets)



4. Question cards from **The Organ Donation Resource Booklet (Pages 23-28)**.





5. Answer sheets within this booklet (**Pages 16-20**).

## Setting up the game:

1. Before playing the game you need to cut out the question cards and group all of the same coloured questions together in a pile. (You should have 5 piles, one for each colour).



### Bucket Game Answers



2. Each group of questions has an answer sheet that matches their colour.



3. Set your Buckets up in 2 rows, with 3 at the back and 2 in the front, as shown in the picture. You can choose whether to place them on the floor or the table.



4. Place each colour pile of card in a different bucket.  
**(All of the cards in each bucket should be the same colour.)**



5. Choose someone who will read out the answer sheets throughout the game.



6. Decide how far away players are going to be to throw their objects into the buckets and make a mark for the players to line up behind.

## Playing the game:



1. Each player takes it in turns to throw the object into the buckets.



2. If your object lands in the bucket then pick a question out of the bucket.



3. Read out your chosen question and try and answer it.



4. The player who is in charge of the answers will then read out the answer and let you know if you got it correct. If you did you get a point.



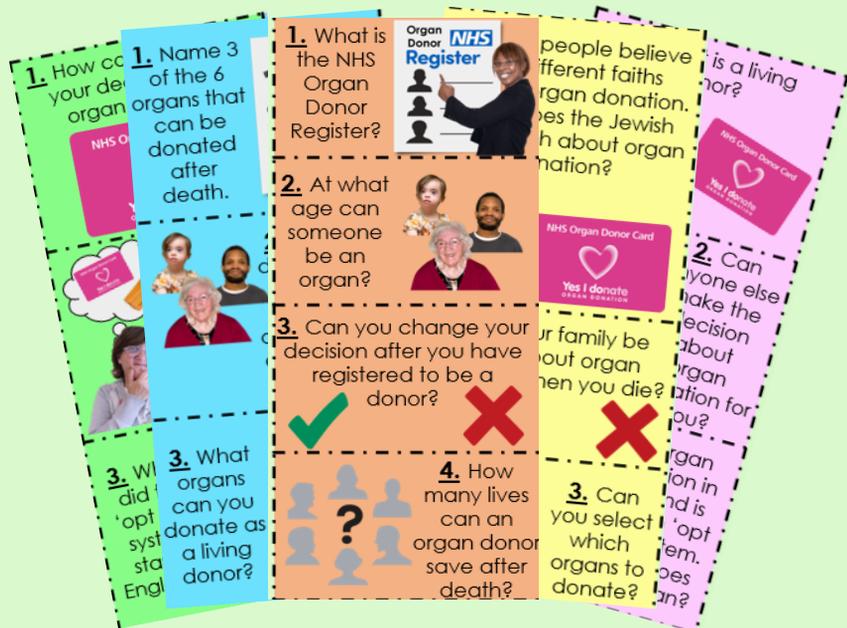
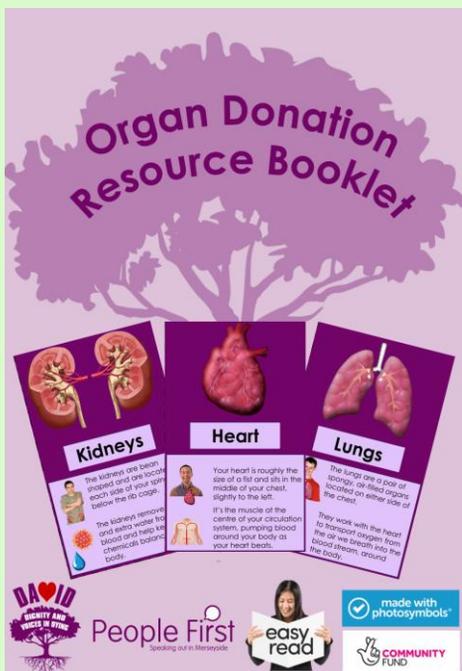
5. If you miss, then move to the back of the line and try again on your next turn.



6. The person with the most points at the end wins.

You will find the answers to The Organ Donation Bucket Game questions on the next page.

You can find the questions to cut out in **The Organ Donation Resources Booklet (Pages 23-26).**

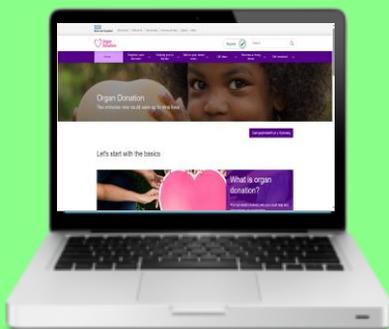




# Bucket Game Answers

1. You can register your decision ...

**Online**



[www.organdonation.nhs.uk](http://www.organdonation.nhs.uk)

**NHS App**



**Phone**



**0300 123 23 23**

2. The tissues you can donate include ...

**Skin**



**Bone**



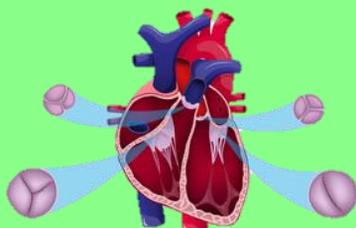
**Tendons**



**Eyes**



**Heart Valves**



**Arteries**



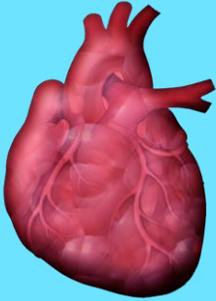
**2020**

3. The 'Opt Out' organ donor system started in England in 2020.



# Bucket Game Answers

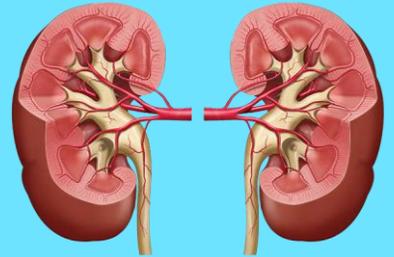
1. Heart



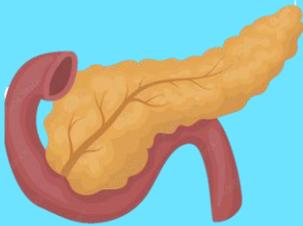
Lungs



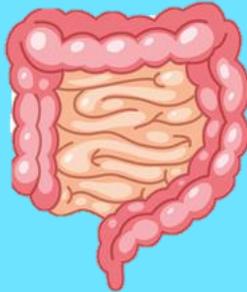
Kidneys



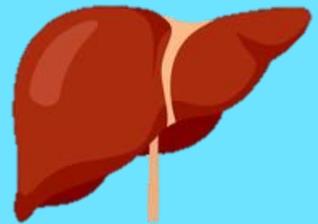
Pancreas



Small Bowel

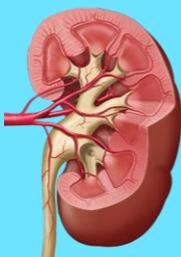


Liver

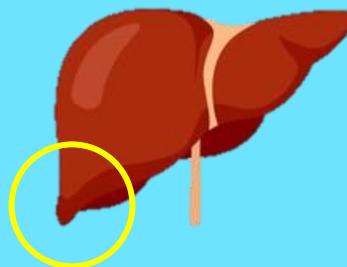


2. 18

A Kidney



Part of a  
Liver



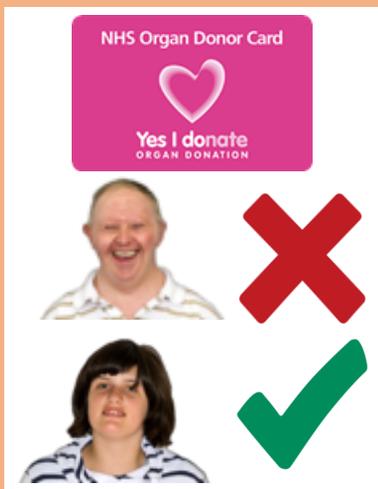
A Bone



3.



# Bucket Game Answers



1. The NHS Organ Donor Register is a record of people's choices about whether or not they want to be an organ donor.



2. Someone can be an organ donor from birth, but for anyone under the age of 18, the decision would be made by their parents or guardians.



3. Yes, it is fine to change your mind about being an organ donor – remember to tell your family and friends if you do.

4. An organ donor can save or improve the lives of up to ...

**9** people



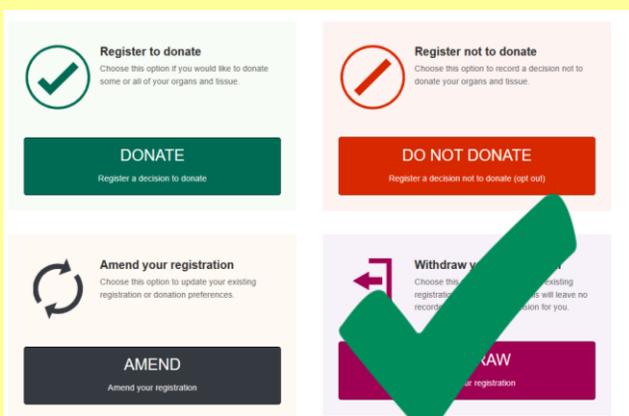
# Bucket Game Answers



1. Although the Jewish faith objects to unnecessary interference with the body after death, Judaism does encourage organ donation to save lives.



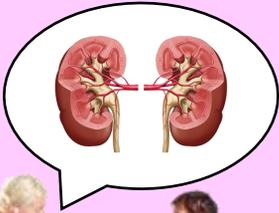
2. Yes your family will be asked, so it is very important to discuss your decision with your family.



3. Yes, if you go onto the NHS organ donor website, you can opt out, or choose which organs to donate.



# Bucket Game Answers



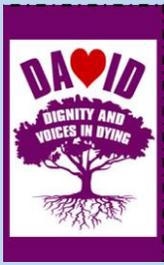
**1.** A living donor is someone who donates an organ while alive.



**2.** Yes, you can nominate someone else to make your organ donation decision. When you die, the doctor, will ask this person about your donation decision, not your family.



**3.** 'Opt out' means that everyone over 18 in England is automatically on the organ donor register unless they have opted out.



# Activity 3: Pairs Game

A great game for finding out more about the different organs you can donate.

## What you need to play the game:



1. 2 or more people



2. Pairs Cards From **The Organ Donation Resource Booklet (Pg. 27-38)**

## Setting up the game:



1. Before you start the game you need to cut out the Pairs Cards. **(You may want to laminate them to make them last longer)**

# Playing the game:

1. Place all of the cards faced down on the table as shown in the picture.



2. Pick 2 cards



3. Turn them over and check to see if they are a match





4. If they are a match read about the organ on the card.



5. Then put them in a pile next to you. You have won these cards.



6. If they are not a match, turn the cards back over. It is now the next players turn.



7. Keep on playing until all of the cards have been won.

The player with the most cards at the end wins.



# Activity 4: Jenga

This game will help get you thinking more about organ donation and may even answer some questions about organ donation that you might have.

## What will you need?



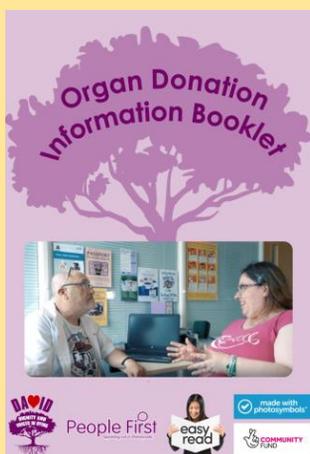
- Jenga



- Paper and a pen

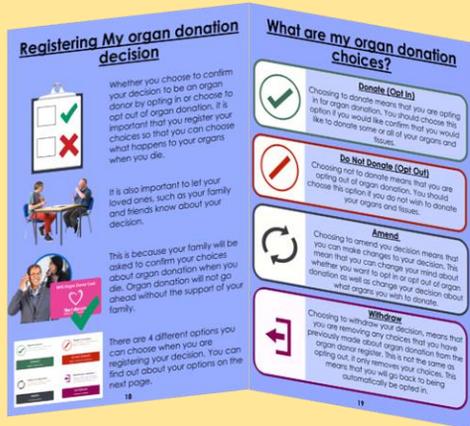


- Scissors and tape



- DAVID Project easy read organ donation information booklet

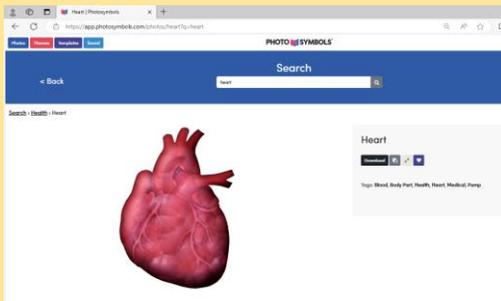
# Instructions



1. Use **The Organ Donation Booklet** to pick some information about organ donation or to think of some questions.



2. Write them down on paper.



3. You may want to include some pictures. You can draw them or find them on the internet and print them out.



4. If you are using questions, make sure you have the answers written down somewhere.



5. Cut out each fact or question and tape them to the Jenga bricks.



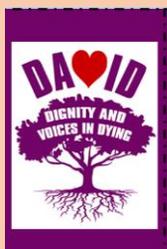
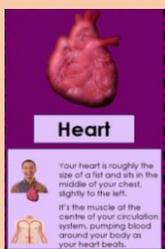
6. Play Jenga as usual and answer the questions or talk about the fact on the brick you have chosen.



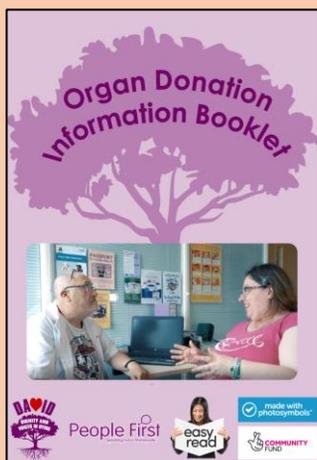
# Creating Your Own Game



Throughout this booklet there are different games you can use to start conversations about organ donation.



However, you may want to create your own game.



Our **Organ Donation Booklet** has all the information you need.

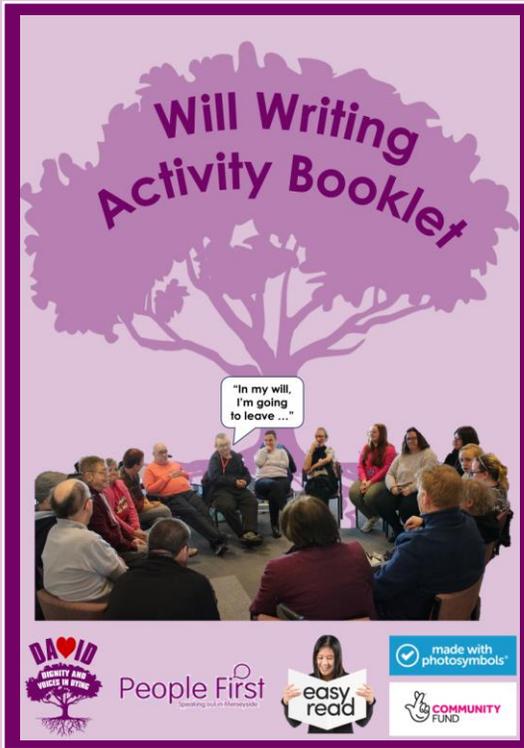


Simply, think of a game or pick your favourite game and add in some information about organ donation.

# If you liked this booklet, you may also be interested in one of our other booklets such as ...

Will Writing Booklet

Funeral Planning Booklet



## To find out more look on our website or give us a call:

 [www.peoplefirstmerseyside.co.uk](http://www.peoplefirstmerseyside.co.uk) 

 0151 329 2137 

